

Self-Care Sanctuary: A Luxurious Haven for Rejuvenation

Immerse yourself in an exclusive experience designed to renew both body and spirit, harmonizing the benefits of two timeless therapies: Acupuncture and Massage.

Your journey begins with a gentle, grounding acupuncture session to release tension, balance energy, and enhance circulation. This ancient practice is the perfect antidote to seasonal stress, helping you reclaim your inner calm.

Following this, indulge in a full-body massage, meticulously customized to soothe sore muscles and relieve deep-seated tension. Throughout your treatment, enjoy the rejuvenating effects of cupping therapy, infrared light, a gentle salt exfoliating scrub, and the delicate aromas of cinnamon, clove, and vanilla-holiday-inspired scents to awaken your senses and bring profound relief.



Holiday Harmony Self-Care Package

This holiday season, rediscover your inner peace with our luxurious Holiday Harmony package, a thoughtfully crafted blend of acupuncture and massage. Begin with a grounding acupuncture session enhanced by warm cupping, designed to open energy pathways, reduce stress, and promote whole-body healing. Therapeutic infrared light envelops you, improving circulation, easing muscle tension, and offering a warming comfort that reaches to your core. Complete your experience with a deeply relaxing 30-minute massage to leave you feeling fully rejuvenated.



Seasonal Serenity

Gift yourself the rejuvenation of the Seasonal Serenity package—a trio of peaceful sessions that offers calm and renewal amidst the holiday bustle. These three sessions of auricular (ear) acupuncture bring you 30 minutes of profound relaxation and calm, perfect for finding balance during busy times. This package is also an ideal addition to other detox therapies, such as sauna, massage, or colon hydrotherapy, to elevate your self-care experience.

*Insurance not applicable for Spa Packages. Offers to purchase end December 31, 2024.



*1.5 hours | \$269

*1 hour | \$179







